
ADULTS: 20 mins + 2 lap

LAP	Timer start - 1 minute	1	2	3	4	5	6	7	8	9	FINISH
	Timer Time	0:03:08	0:05:19	0:07:38	0:09:57	0:12:17	0:14:40	0:17:00	0:19:18	0:21:35	0:23:49
	Split		0:02:11	0:02:19	0:02:19	0:02:20	0:02:23	0:02:20	0:02:18	0:02:17	0:02:14

Plate	Name	Time	Place
56	Cindy Brown	0:23:49	1
62	Sonia Tessier	0:23:57	2
67	Jane Payment	0:24:15	3
77	Marlis Jabs	0:24:16	4
48	Vanessa Peters	0:24:18	5
68	Ellen Smirl	0:24:33	6
98	Shelagh Graham	0:25:10	7
100	Megan Banman	0:25:19	8
47	Heather Francis	0:25:21	9
46	Christina Banman	0:25:22	10
115	Charlene Hiebert	0:25:28	11
43	Nicola Bistyak	0:25:46	12
64	Gillian Robinson	0:25:51	13
57	Maggie Bergen	0:26:00	14
65	Kristen Locke	0:26:16	15
54	Karen DeBlonde	0:23:54	16 -1 lap
45	Tania Gottschalk	0:24:12	17 -1 lap
50	April Gobert	0:24:56	18 -1 lap
44	Krysten Hildebrand	0:25:34	19 -1 lap
15	Julie Brodeur	0:25:56	20 -1 lap
52	Holly Tripp	0:26:14	21 -1 lap
60	Kellie Chammartin	0:26:22	22 -1 lap
53	Sandra Ott	0:24:17	23 -2 laps
61	Pauline Gerrard	0:24:18	24 -2 laps
51	Donna Sulz	0:24:48	25 -2 laps
99	Gill Cooper	0:25:10	26 -2 laps
97	Anne Marie Palfreeman	DNF	DNF

KIDS: 10 mins + 1 lap

LAP	Timer start - 1 minute	1	2	3	4	FINISH
	Timer Time	0:03:26	0:05:46	0:08:18	0:10:47	0:13:19
	Split		0:02:20	0:02:32	0:02:29	0:02:32

Plate	Name	Time	Place
49	Katherine Peters	0:13:19	1
66	Maia Dalling	0:13:51	2
583	Elena Chammertin	0:15:43	3
55	Tilia Madsen	0:16:22	4
59	Sophie Chammertin	0:13:30	5 -1 lap