

# VELODONNAS MTB RIDES – JUNE 2017

## JUNE 7<sup>TH</sup> – WHITTIER PARK & SEINE PARKWAY

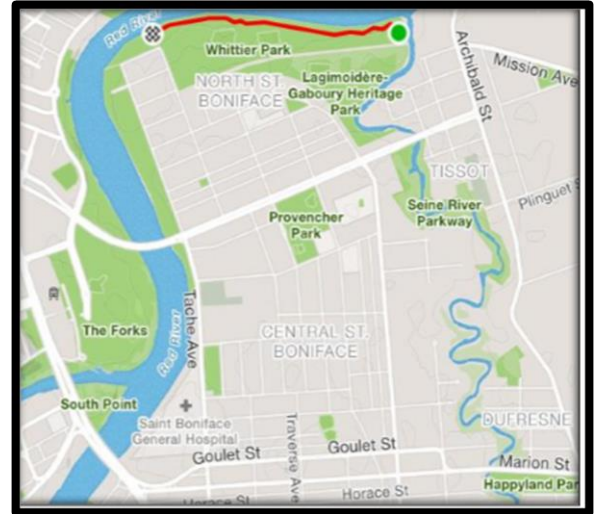
**Location:** Whittier Park

**Meet:** 6:15 at Fort Gibraltar

**Depart:** 6:30

**Duration:** 1 – 1.5 hours. ~8 – 12km.

**What you're in for:** Biking playground in the heart of the city! Fun single track along the river, technical trails with exposure along the railroad tracks, and STAIRS! Out and back on the Seine River trails. A group favourite for sure.



## JUNE 14<sup>TH</sup> – BISON BUTTE

**Location:** Bison Butte - 2017 Canadian Games MTB Course

**Meet:** Cabelas Parking Lot at 6:15

**Depart:** 6:30 roll out to trail via gravel path.

**Duration:** 1 – 1.5 hours.

**What you're in for:**

Fun, challenging and scenic course built for the upcoming Canada Summer Games event. MCA licence is required to ride this course (If you have a Velodonnas membership, you already have one). This ride is slightly more challenging, but there are many line choices to navigate the more 'technical terrain'. Mountain bikes in good working order are required. Helmets are mandatory (as usual), and body armour is encouraged.



## JUNE 21<sup>ST</sup> — ROYALWOOD TRAILS

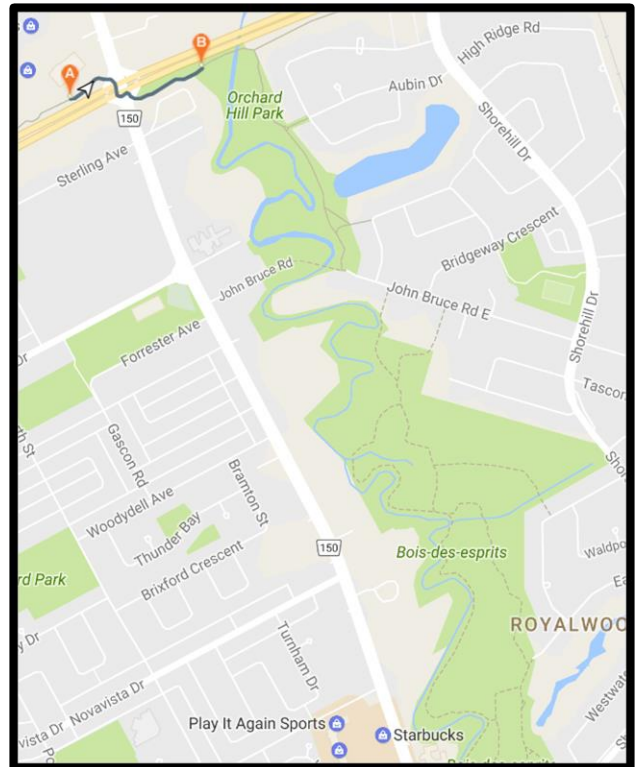
**Location:** John Bruce Park / Bois-des-esprits

**Meet:** 6:15 at Home Depot Parking Lot. Short group commute to trail head.

**Depart:** 6:30

**Duration:** 1 – 1.5 hours.

**What you're in for:** Gentle flowtrack along Seine River, with some moderate climbs. Area low lying and can be subject to flooding. If there is significant rain before the ride, ride location may change.



## JUNE 28<sup>TH</sup> — CHURCHILL DRIVE (OR.... RACE?!)

**Location:** Churchill Drive

**Meet:** Forks Pedestrian Bridge (Odena Circle)

**Depart:** 6:30

**Duration:** 1 – 1.5 hours.

**What you're in for:** Singletrack along the river. Some rocks, roots, exposure, and possible ICE CREAM!

**Alternative ride – Bur Oak Race**  
(dependent on interest from group)

