VELODONNAS MTB RIDES - MAY 2017

May 10TH – BUR OAK

Location: Bur Oak

Meet: 6:15pm

Depart: 6:30 pm

Duration: 1 - 1.5 hours.

What you're in for:

Fun single track including roots, rocks, and

sand.



MAY 17TH - NIMOWIN ROAD

Location: Nimowin Road Trails

Meet: Nimowin Road Trailhead, end of Nimowin Road at 6:15pm (North off North Drive, towards East

Gate of Birds Hill Park)

Duration: 2 hours

Departs: 6:30pm

What you're in for: Some climbing, some technical sections. Flowy singletrack through trees and meadows. Berm practice, short punchy climbs,

yippee descents on quarry rock.

This is BHP, be sure to wear long socks. And ensure your vehicle is displaying a park pass. Need a ride? Contact ride leader. We'll get you there.



May 24TH - ST. NORBERT

Location: St. Norbert Trails

Meet: Community Centre/Hockey Rink

Parking Lot.

Time: Meet @ 6:15, roll out @ 6:30.

Duration: 1 - 1.5 hours

What you're in for: Fun, flowy singletrack. Great trail system for multiple pace groups.

Optional visit to St. Norbert Ruins.



MAY 31ST — ASSINIBOINE PARK

Location: Assiniboine Park

Meet: Duck pond at 6:15pm **Duration**: 1.5 – 2 hours

Departs: 6:30pm

What you're in for: Fun flowy hardpacked singletrack along river. Wood chip trails. Rocky sections, handful of steep climbs, and some exposure. Intermittent smell of horse barn. Ice cream in park or across foot bridge at Sargent Sundae.

