



## 100 km option South East Ile des Chenes return

99.3 kilometers

| Leg  | Dir | Type     | Notes   | Total |
|------|-----|----------|---|-------|
|      | ←   | Left     | Turn left onto Kings Dr   | 0.5   |
| 0.1  | →   | Right    | Slight right onto Kilkenny Dr   | 0.5   |
| 2.2  | ↑   | Straight | Continue onto Cloutier Dr   | 2.7   |
| 1.9  | ←   | Left     | Turn left onto MB-75 S  | 4.6   |
| 2.5  | ←   | Left     | Turn left onto Turnbull Dr  | 7.1   |
| 0.9  | ↑   | Straight | Continue onto Red River Dr  | 8.1   |
| 6.1  | →   | Right    | Slight right onto Kelburn Rd  | 14.1  |
| 0.7  | ←   | Left     | Turn left onto MB-75 S  | 14.9  |
| 1.6  | ←   | Left     | Turn left onto MB-210 E (signs for Saint Adolphe/Niverville)            | 16.5  |
| 1.4  | →   | Right    | Turn right onto Main St S/MB-200 S (signs for Saint Adolphe Niverville) | 17.9  |
| 0.0  | ←   | Left     | St. Adolphe Esso for food/water/toilet                                  | 17.9  |
| 8.9  | ←   | Left     | Turn left onto MB-311 E (signs for Niverville)                          | 26.8  |
| 5.0  | →   | Right    | Niverville. Gas station for food/water/toilet.                          | 31.8  |
| 5.6  | ↑   | Straight | Continue straight to stay on MB-311 E                                   | 37.4  |
| 11.7 | ←   | Left     | Turn left onto MB-206 N (signs for Landmark)                            | 49.1  |
| 6.6  | ←   | Left     | Turn left onto MB-210 W   | 55.7  |
| 12.8 | →   | Right    | Turn right onto Old PTH 59 (signs for Ile des Chênes)                   | 68.5  |
| 2.4  | ←   | Left     | Ile des Chênes Coop for food/water/toilet.                              | 70.9  |
| 0.1  | →   | Right    | Turn right onto Lacroix Ave   | 71.0  |
| 0.2  | ←   | Left     | Turn left onto Main St  | 71.2  |
| 1.2  | ←   | Left     | Turn left onto Van Gorp Rd/MB-405 W                                     | 72.4  |
| 0.5  | →   | Right    | Turn right onto Provincial Trunk Hwy 59 N                               | 73.0  |
| 1.9  | ←   | Left     | Turn left onto Mondor Rd  | 74.8  |
| 0.1  | →   | Right    | Turn right onto Petit Rd  | 74.9  |
| 1.8  | ←   | Left     | Turn left onto Oak Grove Rd   | 76.7  |
| 0.1  | →   | Right    | Turn right onto Bernat Rd   | 76.9  |
| 3.5  | →   | Right    | Turn right onto Hallama Dr  | 80.4  |
| 0.2  | ←   | Left     | Turn left onto Provincial Trunk Hwy 59 N/MB-59 N                        | 80.6  |
| 1.5  | ↑   | Straight | Take the ramp to Prairie Grove Road W                                   | 82.1  |

|     |   |          |   |      |
|-----|---|----------|---|------|
| 1.3 | ← | Left     | Turn left onto Prairie Grove Rd   | 83.4 |
| 1.2 | → | Right    | Turn right onto St Anne's Rd  | 84.6 |
| 2.3 | ← | Left     | Turn left onto Aldgate Rd   | 86.9 |
| 1.6 | → | Right    | Turn right onto Dakota St   | 88.5 |
| 2.1 | ← | Left     | Turn left onto Novavista Dr   | 90.6 |
| 1.1 | ↑ | Straight | Continue onto River Rd  | 91.7 |
| 2.1 | ← | Left     | Turn left BEFORE Bishop Grandin onto to bike path over the bridge. Stay on SOUTH SIDE of bridge over Red River. | 93.8 |
| 0.2 | → | Right    | Turn right onto Bishop Grandin Greenway   | 94.0 |
| 0.4 | ← | Left     | Slight left to stay on Bishop Grandin Greenway  | 94.4 |
| 0.1 | ← | Left     | Turn left onto D'Arcy Dr  | 94.4 |
| 0.4 | → | Right    | Turn right onto Agassiz Dr  | 94.8 |
| 0.1 | ← | Left     | Turn left onto Thatcher Dr  | 94.9 |
| 0.3 | ← | Left     | Turn left onto University Crescent  | 95.2 |
| 0.7 | ← | Left     | Slight left onto Dysart Rd  | 95.9 |
| 1.1 | ↑ | Straight | Continue onto Saunderson St   | 97.0 |
| 0.4 | ↑ | Straight | Continue onto Freedman Crescent   | 97.4 |
| 0.7 | ← | Left     | Turn left onto Kings Dr   | 98.1 |
| 0.7 | ← | Left     | Turn left into Kings Park   | 98.8 |